

TAKE NOTHING FOR GRANTED, PROVE THINGS FOR YOURSELF

(Written Specially for The Bulletin.)
It's rather common for farmers as well as other folks to "take things for granted."
There's a big difference between

granted."

There's a big difference between "taking things for granted" and taking them as mere possibilities or as likely probabilities. There's a difference between "taking things for granted" and accepting them as facts after they been proved.

after they been proved.

To "take a thing for granted" implies that we admit it without requiring proof, merely on somebody's say-so or on our own self-evolved opinion of its likelihood.

For illustration of what I mean One man "takes it for granted" that the coming summer is going to be a dry season. His only basis for the dry season. His only basis for the assumption is that last season was over-wet, and he doesn't think there can be two seasons in succession of the same sort. (As if the Egyptians didn't have seven famine years all in a bunch, one directly after the other!) On the other side, most of us readily assume that the sun will rise tomorrow. Why? Well, the known laws of gravitation and of the earth's revolution make it practically certain that, unless there is an absolute reversal of natural law, the sun must rise tomorrow. Furthermore, the unbroken record of the sun's behavior for several thousand years proves that for several thousand years proves that it has never broken its getting-up en-gagements yet. Which is another rea-

even more than most other people, are apt to jump at conclusions without first making sure the conclusion is something solid and not a mere fogbank of personal guesswork. That we are apt to take irresponsible say-

the best attainable evidence.

we are apt to take irresponsible saysos as commandments of farming.
That we are given to accepting current practice as mandafory, without
first finding out, each for himself, the
why and the wherefore of it.

I don't assert point-blank that we
are more given that way than other
men. I simply say that I sometimes
suspect it. Whether my suspicion is
well-founded or is a mistake matters
very little. What matters very much
is the real fact in the case. For,
whether the habit be general or only
sporndic, it is "bad medicine" and following it is bad business.

nothing ever has, yet, and nothing ever can till the Great Lawmaker repeals His own laws. Cause always precedes effect and effect always fol-lows cause. But, in a world so com-plex as this and with so many things happening on it, at about the same time, it often happens that two things, neither of which is cause or effect of the other may happen right together. The old Latin phrase, "Post hoc, non propter hoc" applies to such cases.

### STOMACH SUFFERER GETS PROMPT HELP

Hartford Resident Gets Quick Relief From Use of Wonderful Remedy.

Mrs. S. E. Johnson of 61 Whitmore street, Hartford, Conn., was a victim of stomach and digestive disorders, attended by much pain. She suffered from pains in the side and other dis

She took Mayr's Wonderful Rem-

She took Mayr's Wonderful Remedy and found quick relief. In writing of her experience she said:

"The pain left me the next day after taking the remedy. It's simply wonderful how it relieved me and you may be sure I shall tell every one who has stomach trouble about it."

Mayr's Wonderful Remedy gives permanent results for stomach, liver and intestinal aliments. Eat as much and whatever you like. No more distress after eating, pressure of gas in the stomach and around the heart. Get one bottle of your druggist now and try it on an absolute guarantee—if not satison an absolute guarantee—if not satis factory money will be returned.

clearly and cleanly between a chance happening which occurs after something else, and an event which occurs not only after, but because of something else. The chance happening may never happen again in that connection, because it is only a happening and not inherently related to the beforehand matter. But the effect which follows cause will always follow it, step by step and line by line, with mathematical accuracy. If it doesn't sometimes seem to, the difficulty is in our ignorance, not in the event. We may not always see all the causes at may not always see all the causes at work. That's our misfortune or our fault. They're there just the same, and

gagements yet. Which is another reason for believing that it won't begin tomorrow. That is, the thing which one man "takes for granted" about the coming season's weather is based solely on a mere theory of his own without any preponderating evidence either for or against it; while the thing which we all assume as certain about tomorrow's sunrise is based on our confidence in universal natural laws which have shown themselves immutable and unvarying for thousands of years to human knowledge, and for millions of years, according to the best attainable evidence.

this painting over of pruning wounds. So they took a set of trees, apple and

without a reason or a cause. At least, of the substances in common use. As nothing ever has, yet, and nothing to peaches: "The treatment of peach tree wounds with any of the sub-stances under experiment caused so much injury that it may be said that the wounds of the peach should never be treated with any of them."

New York happens to be one of the great apple states of the union, and it was natural that everything connected with the industry should be of special nterest there. But there are quite a ew apple trees in little old Conneccut, and more than a few peach trees. The findings of these New York ex-periments will be of interest to a good

many people in this sister state.

For myself, I humbly and contrictly plead guilty to having fallen into the very error I am now preaching against. Because the so-called "tree experts" had advised painting wounds made by the printing saw I had "taken made by experts" had advised painting wounds made by the pruning saw I had "taken it for granted" that they must know and that I ought to follow their lead. So I've painted over lots of pruning wounds. Not all for sometimes I'd find myself out of paint, and sometimes I've been too dum lazy. I admit, frankly, that I've\_never seen any good from the practice and that my enthusiasm for it has gradually cooled down with the years. I've rather perfunctorily ascribed my apparent failures either to my own inexpertness or to poor quality of paint. Yet, when the practice is subjected to a really or to poor quality of paint. Yet, when the practice is subjected to a really acid test, it turns out that the highly expert faculty of the station with the very best of paints to use can't find any value in the practice, but do find some damage caused by it.

I'm not going to be so mighy modest and humble about my own observations, another time!

The experimenters admit, merely as a possibility not yet disproved, that a onger observation than four years on

very large wounds might, perhaps" show 'some prevention of rot due to the use of paint. Well, I've just been out looking over my few apple trees. And the very on account of increase in price of to-acco, the Whitestone Cigar will be ald from now on at \$35 per 1,000. J. F. CONANT. lan2d II Franklin St. The most valuable crops are those which are treated with the best fertilizers, and the best fertilizers are those which contain nature's food. Lowell Animal Fertilizers are made of BONE, BLOOD, MEAT and high grade chemicals. They make your soil rich and productive in nature's own way. And they are always active, continually feeding the crop with nutrition enough to keep the soil rich and productive. The war cut off the supply of potash. We immediately conducted extensive experiments through New England with specially prepared formulas, which produced abundant crops. "The Maine Experiment Station tried out fertilizers—some with and some without potash. The result proved that the yield of potatoes without potash was far more profitable. And the potatoes did not suffer from lack of potash." See your local agent or address LOWELL FERTILIZER CO., Boston, Mass. from BONE BLOOD and MEAT Edward Lycette, T. H. Eldredge, Norwich

est wound I find in the whole bunch is one where I sawed off a rather big limb, dead but still sound, eight or ten years ago, and not only painted it with white lead but, because its position was such I had to make the out almost horizontal, built a small pent roof over it so as to create a pitch which would carry the rain off. That stub has rotted clear back to the trunk, has apparently eaten into the trunk, and has caused the death of the bark on one side of the trunk, clear to the ground. To all apparances, the whole rives is doomed.

Whether my ignorant though well-

Whether my ignorant though well-meant efforts to help it caused the harm or not, of course I can't say. But it is perfectly evident to the most cas-

ual observation that they didn't save

i tell you, brethen, this "taking things for granted" because somebody else says so, or because somebody else does them that way, or for any other reason under heaven than from the balancing of observed facts and the weighing of tasted evidence is not commendable. It can't be defended, theoretically, and it is apt to be wasteful and costly, in practice.

God's given us eyes to see with and minds to reason with.

They're about the most useful tools we've got, too.

It's a pity we don't all of us use them more than we do!

THE FARMER.

## PREVENTABLE FORMS OF INSANITY

Described by Dr. Whitefield N. Thompson, Superintendent of Hartford Retreat and Chairman of Executive Committee of Connecticut Society for Mental Hygiene.

The problem of the needs and care to the patient's removal to an institu-of the insane, and their relations to the family and community, and par-ticularly the study of causes and particularly the study of causes and prevention of insanity have heretofore been left very largely to societies or individuals who give their time to this special work. More than any other class the insane have come to be er class the insane have come to be regarded as wards of the state. From time immemorial they have been misunderstood and generally ignored. Before the days of hospital care they were popularly considered as the victims of demoniacal possession; since care has been provided in hospitals, especially adapted to them, they have been removed from public attention, and consequently from public interest.

stupid talk to farmers? I'm moved to it by a recent bulletin of the New York Agricultural Experiment station, which has been investigating the effect of various dressings on pruning wounds of fruit trees.

For nobody knows how many years self-styled tree experts have been advising the use of various paints and other coatings over the wounds made in orchard pruning, as a protection to the exposed surfaces. It has been stated that such treatment prevented the attacks of fungi on the raw cuts, hindered drying and rot and helped and he passes the patient as one surfaces of the strange, therefore, that to unthinking and uninformed public opinion all cases of insanity received any such consideration and study as has been bestowed upon tuberculosis and other physical disorders. It is not strange, therefore, that to unthinking and uninformed public opinion all cases of insanity are alike. The man who has never studied this form of disease has no knowledge of causes and is as likely to see in a mental trouble a visitation as an illness. He can take account only of superficial conditions and cannot see in symptoms reactions to definite mental processes, hindered drying and rot and helped conditions and cannot see in symptoms reactions to definite mental processes, and he passes the patient as one suf-

fering from a malady fated and in-curable.

As of old the Persians looked upon their sick as unclean, and not to be touched, so today the receiving office of any institution for the insane en-

### counters ideas and attitudes indica-tive of just as much lack of knowledge and the same sort of superstition. Public Should Know.

"Once insane, always insane," has

tion of Charitles and Correction, ad-vocated Guardian Societies for the insane on the belief that "much good could be done by giving popular ad-dresses upon the predisposing and ex-citing causes of insanity and preven-tive treatment of the malady. When once these questions become under-stood by the public, mutual aid, moral as well as material, becomes possible. From that moment the insane will be considered as sufferers from disease. These popular addresses should in-struct as to the patient's early treat-ment, giving short and clear descriptions showing how a mental trouble can be recognized. People still remain distrustful of hospitals for the insane. They do not believe as they should that many cures are possible and that they are more frequent and rapid if the patient be placed early under treat-ment. Guardian societies should in this way help to prepare people by in-formation which shall combat these prejudices, and the public should be taught to take an interest in what actually goes on in asylums and how patients are treated there. These re-sults can only be obtained by constant co-operation among persons of broad ideals who shall interest themselves in arranging public lectures in which shall be set forth the suffering engendered by mental disease, the hope that lies in early treatment, and the conditions which may contribute to recovery and prevent a recurrence of

### In Massachusetts.

A practical attempt is being made in Massachusetts to arouse interest and to spread information on what is be-ing done for the insane, together with suggestions as to methods of preven-tion, by inviting representatives of the newspapers to visit the hospitals, to study methods at first hand, and to hear reports by members of the med-ical staff. At such a meeting held last month twenty-four newspapers were represented. The press has per-formed a remarkable service in recent years in presenting the essential facts in an instructive manner con-cerning diptheria, typhoid fever, small-pox, and other diseases, their causes, and preventive measures that may be employed against them. As fruitful a service can be performed for

mental disease.

In order to make effective any effort directed toward the prevention of insanity it is essential, first, that the haze of superstition and the idea that insanity "just happens" and is not the result of definite causes be cleared away; second, that the fact be recognized that there are entirely distinct forms of insanity due to absolutely causal interest of the company of the causal interest of the company of the causal interest of the cau first forms of insanity due to absolutely different causes. It cannot be safely maintained that of the various forms of insanity the cause is known for every group or class, but the causative factors are understood in at least fifty per cent. of all cases, of which more than half are absolutely preventable.

One of the most notable examples of a mental disease traceable to a single cause is paresis, or general pargle cause is paresis, or general par-alysis of the insane, which, until withalysis of the insane, which, until within about three years, was regarded as
due to excesses of various kinds, direct
injury, or over-exertion. It is now
admitted beyond any sort of question
that it is a syphilitic disease. The
extent of the prevalence of this disorder is probably not generally known.
One hears of a case now and the but
more frequently its occurrence is not
known to any outside the immediate
family. What comes to public attention is report of a heat prostration, a
condition of nervous exhaustion, a convulsive seizure caused by over-eating.

The Death Rate.

It is only when the aggregate toll of paresis is considered that the need of measures to combate it becomes apof paresis is considered that the need of measures to combate it becomes apparent. Since the disease runs a fatal course in from one to three years an idea of its prevalence may be gained either from the reports of admissions to hospitals or from the mortality reports. The annual death rate from paresis in the state of New York is about one thousand; one man in every nine and one woman in every thirty, the country over, who die between the ages of forty and sixty die from this disease. The admissions to the hospitals for the insane in the United States number about seventy thousand annually, and of these approximately ten per cent, are victims of general paralysis. The ratio in the eastern states is somewhat higher. Syphilis of the brain and other syphilitic disorders causing insanity are reponsible for from one and a helf to tic disorders causing insanity are re-sponsible for from one and a half to two per cent. more. A very consider-able number of paretics and other of able number of paretics and other of the classes just mentioned never come to hospital care. The aggregate, then, of mental diseases resulting from syphilis, a preventable disorder, must run well toward ten thousand annually. As a public health problem the con-trol of hyphilis is outranked in num-ber and kind only by diseases than can be counted on the fingers of one hand. hand.

Alcohol Greatest Cause. Certain poisons produce degenerative disorders of the nervous system which eventuate in mental weakness; of these alcohol is responsible for by far Sometimes I think that farmers, even more than most other people, are apt to jump at conclusions without a mere fogank of personal guesswork. That we are apt to take irresponsible saysons as commandments of farming. That we are given to accepting current practice as mandatory, without first finding out, each for himself, the why and the wherefore of it.

I don't assert point-blank that we are more given that way than other men. I simply say that I sometimes in the tested trees, are illuminating. The tested trees are illuminating well-founded or is a mistake matters very much is the real fact in the case. For whether the habit be general or only sporadic, it is "bad medicine" and following it is bad business.

We are supposed to be reasonable beings and the first duty of reason is to find out the Why. Nothing happens to find out the Why. Nothing happens are given that it is worth while to treat wounds, to find out the Why. Nothing happens are given to accepting our back of the probably there has never in them through their back on the population of personal guesswork. That the spring in every case they treated from three to four wounds and then painted. Some they jeft for months and then pain these alcohol is responsible for by far the largest number. There is no community of opinion as to the exact action of alcohol on the nervous system, and out of widely differing opinion it is not easy to arrive at conclusions. In the last general census which was inclusive of the population of institutions for the insane the computation of alcoholic psychoses was meant to include only "the mental diseases which by their characteristic symptoms are known to be the direct of alcoholic intemperance".

found to be higher than in any other division in the national census. Korsakoff's disease is a characteristic though not very common form of insanity due to peculiar alcoholic poisoning. It is characteristic by unusual disturbance of the memory falsification of memory so-called—loss of interest in family and affairs, and utter inability to attend to business. Such patients are unable to recall in the evening what has taken place during the day, and they make up out of whole cloth statements that are so co-herent and connected as to deceive those who are not informed as to the facts. One patient related in great detail his experience in attendance at the funeral of a friend, where the fu-neral was held, the clergyman who presided, the persons who were present—in fact, such detail as to make it seem impossible that the story could have been a fabrication, yet the man had not been away from the hospital grounds for many weeks, and the friend whose funeral he had so fully described was himself still attending to business. Such a patient is wrecked when this disease declares itself and alcohol is undeniably teh cause.

Abuse of Alcohol and Law Violations. The abuse of alcohol is probably re-sponsible for many of the so-called paranoic conditions out of which grow so many infractions against the law. These systematized delusional states are marked by suspicions and jealousies of those who have formerly been most trusted. The explanation that has been advanced for this particular mental attitude is that when the patient has arrived at the point that he has suffered mental impairment from alcohol poisoning his judgment has become weakened, his ability to meet environment has narrowed, until he looks upon those who have criticized him as responsible for his troubles. Out of this situation ideas of jealousy and persecution grow rather naturally. It may be admitted that only certain temperaments suffer from al-cohol poisoning, but it should be re-membered that without the alcohol, peculiarities and idiosynosynorasies would not have developed into mental disease.

Alcohol and syphilis stand in the role of destructive agents to the nervous system and they are both contributory causes in other forms of insanity than paresis and the alcoholic

Physicians and nurses working out side the hospitals and investigating conditions in which insanity conditions in which insanity has arisen are able to confirm many of the earlier assumptions relative to the causal influence of alcohol. The elimination of alcohol and syphilis would relieve the occurrence of insanity from twenty-five to thirty-five percent

Many Preventable Cases.

Many Preventable Cases.

In the other groups, formed under the present system of classifying the different forms of insanity, there are no preventable classes but undoubtedly many preventable cases. Insanity is not inherited as a disease but an hereditary tendency exists in about twenty per cent. of the cases that come under hospital care. If we were to include the offspring of the feebleminded who become insane, the percentage would be somewhat larger. The preparatory schools and colleges turd out an unfortunately large number suffering from mental disease of a serious kind. It may be questioned here if work under undue stress in lines for which the pupil was not well equipped may not be largely responsible for the overthrow. These are causes that lie within, and the time may never come when such mental or some other made to order reason causes that lie we for a known incapacity. But after a may never come little melady declares itself and leads investigation will

Friday, February 11th

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Lyrics by Henry Blossom. Music by Victor Herbert Direct from one entire year at the Lyric Theatre, New York A Group of Stunning Women, Selected for Their Distinct Types of American and European Beauty **AUGMENTED ORCHESTRA, 16 PIECES** Composed of Victor Herbert Soloists

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save misfits, not only in school but in the various walks of life, from under-taking that for which they are not adapted, which even in the attempt disables them mentally and more or

### **Tolland County** STAFFORDVILLE

Charles S. Cowles Leaves Pearl Button Factory-Fourth Quarterly Con-

Charles S. Cowles has resigned at the Pearl Button mill on account of ill health. He intends to return to his home in Willington after a visit with friends in Union and West Stafford. Pastor's Family Quarantined.

Rev. C. C. Lyon and famliy are un der quarantine as the daughter Marjorie, is ill with scarlet fever.

Mrs. Napoleon Larges who broke her ankle sometime ago, is conval-escing. Her many friends are glad to hear she is able to be out.

Rev. G. G. Scrivener held the fourth quarterly conference at the Methodist parsonage last Saturday evening and preached an excellent sermon Sunday morning in the Metholst church from Matt. 4.4: Man shall not live by bread alone, but by every word that pro-ceedeth out of the mouth of God.

Robert Heck, of Wales, Mass., has begun work in the Pearl Button mill and is boarding at the home of I. A.

### Washington County, R. I. HOPKINTON

Town Council Offers \$500 Reward for Arrest of Murderer of Thomas D.

A special meeting of the town coun-cil was held at the town hall Monday afternoon and a reward of \$500 was offered for the arrest, conviction and confinement of the murderer of Thom as Dorr Main. A bill of ten dollars for collecting statistics of births and deaths in town during 1915 was or dered paid.

Rev. E. Adelbert Witter accompan-led his daughter, Miss Delberta, to a hospital in Providence, Friday, where she was operated on Saturday. In his absence, his pulpit was occupied Saturday morning by Rev. E. P. Mathew-son. Mr. Mathewson also conducted the Friday evening meeting in the Ashaway church on account of the illness of pastor, H. C. Van Horn.

Hon. E. B. Allen has been confined to the house this week by a severe

Others ill with the prevailing dis-temper are Walter F. Mills, Deborah Wells, Deacon Roger W. Lewis and

Mr. Slattery, an attorney from Providence, has been a daily visitor for a few days at the town clerk's office in-specting the title of the Nichols and angworthy Machine Company, Several men and teams are engaged making temporary repairs on the state road which was in very bad condition due to the recent open weather and heavy traffic.

### RICHMOND

Walter R. Durfee of Cranston spent Marie De Vere who lives on the Jar-

### ATrip to Florida "Land of Sunshine and Flowers"

affords an enviable change from the rigors of winter in the North. One may play Golf under perfect climatic conditions, bathe in the surfof semi-tropical waters, motor over the finest beaches to be found anywhere in a word, enjoy summer pleasures throughout winter in the society of congenial people. The "East" and "West" Coasts alike hold out their varied attrac-

Atlantic Coast Line R.R.

# Colonial Theatre

GEORGE The EMINENT DRAMATIC STAR in "The Cotton 5-reel Spectacle. Immense Drama of Sunny South, New York and Sensa-tional Events. Don't Miss It. MONDAY-"SHOULD A WOMAN DIVORCE?" Powerful 5-Reel Drama

vis farm, made a trip to Wickford re-cently and purchased a horse. the week end with Everett Moore and family.

Jane Crandall, widow of A. Clinton Crandall of Moscow, were held at the home of her sister, Mrs. Davis Saund-ers in Westerly, where Mrs. Crandall family.

Mrs. Edwin Smith returned home
Security afternoon.

from Newport Saturday afternoon. Everett Moore and son, Ralph, were Everett Moore and son, Raiph, were in Crompton and Auburn Saturday.

Mrs. John W. Smith was a caller through this vicinity Monday.

George Sunderland and two daughters of Cliffmore Farm were callers through here Saturday.

Charles J. Green of Kenyon was a caller at the Bell school Friday.

Alex Smith captured a fox Friday.

ROCKVILLE

had been the greater part of the time since the death of her husband, nearly a year ago. The functal services were conducted by Rev. Clayton A. Bur-dick of Westerly, Burial was in Rockville cemetery.

Cotton Supply Short. Rockville and Centerville mills have cotton not coming.

Albert Woodmansee and sister, Miss Charlotte Woodmanses are both ill with grip. The funeral services of Mrs. Lydia chards is reported ill with grip.

### Avoid the Grip of Winter

These days are hardest on health and vitality. Wouldn't a trip south save a possible breakdown? Wouldn't a sea trip be just the thing?

Plan now to take a bracing six-day voyage down the Coast



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